

### Fair Play Pledge NW Calgary Ringette Society / Calgary North Ringette Fair Play Pledges for Coaches, Players and Parents/Guardians

It is the policy of the NW Calgary Ringette Society that all players, parents/guardians and coaches review and sign a Fair Play Pledge. The policy acknowledges that Northwest Ringette benefits from the volunteer efforts of a number of caring and dedicated coaches, but that concerns do arise regarding the treatment of players and coaches.

All coaches are asked to review this policy with parents and players, early in the season. Players will be allowed to play in league games only after signed copies of the player and parent/guardian pledges are returned to team managers.

Copies of this policy will be provided to all players/parents registered with NW Calgary Ringette / Calgary North Ringette.

Parents and players are asked to read over each section of the pledge, discuss the significance of adhering to a common fair play pledge, sign the appropriate sections and return the sheet to the team manager. Coaches are also required to sign a Fair Play Pledge (one pledge/team). Parent/guardian and player pledge sheets must be signed and presented to the manager before a player participates in league play.

The pledge, as approved, is designed to enhance the ringette experience of all participants, players, coaches and parents/guardians. A violation of the Fair Play Pledge enables the NW Calgary Ringette Society, at its sole discretion, to suspend that participant from NW Calgary Ringette events and activities for a time deemed appropriate by the Society's executive committee.

#### **Grievance Procedure:**

- 1. The Head Coach or Parent should discuss their concerns with the appropriate coach or parent. This conversation should take place under two conditions:
  - a. If the conversation follows a particular 'event' of concern, it should not be initiated until 24 hours (i.e.: allow a 'cooling off' period) after the event occurs and
  - b. The conversation should always include a third party, such as the manager or another member of the coaching staff.
- 2. If not satisfied with the Head Coach's/Parent's response, approach another member of the coaching staff or the team manager to discuss your concerns. The majority of concerns will be resolved at the team level.
- 3. If still not satisfied, contact the appropriate division coordinator with the NW Calgary Ringette Society. S/he will talk to coaching staff/parents and act as a mediator in the dispute.
- 4. If the issue is not yet resolved, the division coordinator, in consultation with the Society president, will determine if a hearing needs to be set up. Before a hearing is considered, the Head Coach/Parent will be required to show evidence they followed the above procedures and sought a team-level solution, followed by mediation.

5. A formal hearing regarding non-resolved violation of this code enables the NW Calgary Ringette Society, at its sole discretion, to suspend a participant from NW Calgary Ringette / Calgary North Ringette events and activities for a time deemed appropriate by the Society's executive committee.

#### **Shortening the Bench Policy:**

#### Definition

Intentionally playing a player, at the expense of another player, for the purpose of advancing the Team. This does not include the uncertainties created by stoppages in play, penalties and injuries or absences from play for disciplinary reasons.

Policies

- 1. All levels up to and including U14: No shortening of the bench will be allowed at any level up to and including U14. Coaches will use a "Fair Ice time" approach. "Fair Ice time" is defined as consideration for playing time and playing experience, applied fairly to all players and in all games, for the development of the players.
- 2. Levels U16 and U19: Teams in U16 and U19 are encouraged to continue to apply a "Fair Ice time" approach as outlined above. However, given that the athletes are developing more in competition as outlined in the LTAD model (moving into the Learning to Compete and Training to Compete levels), there may be situations where the Coach may choose to make playing time decisions for the betterment of the Team in competition. If any approach other that "Fair Ice time" as defined above is to be used by the Coach, the circumstances and conditions of its use must be defined and discussed with the Team and the Parents in advance of season start and provided in writing



## NW Calgary Ringette Society / Calgary North Ringette Coach Fair Play Pledge

- 1. I will abide by the Ringette Alberta Code of Conduct and Ethics as adopted by the NW Calgary Ringette Society.
- 2. I will ensure that my expectations as a coach, regarding practice and game commitments and player behaviour are clearly stated to players and parents at the beginning of the season.
- 3. I will teach my players to play fairly and to respect the rules, officials, opponents and, most importantly, each other.
- 4. I will ensure that all players get instruction, support and ice time in an equitable manner and will follow the NW policy on Shortening the Bench as it pertains to the level I am coaching.
- 5. I will not ridicule or yell at my players for making mistakes or performing badly.
- 6. I will remember that players play to have fun and gain confidence in themselves through encouragement.
- 7. I will remember that children learn best by example and witness my behaviour before, during and after games.
- 8. I acknowledge that participants need a coach they can respect and I will strive to be a good role model.
- 9. I will be generous with praise and set a good example.
- 10. I will obtain the required coaching certification and continue to strive to upgrade my coaching skills beyond the minimum requirements.
- 11. I will work in co-operation with officials for the benefit of the game.
- 12. I will work in co-operation with other coaches/parents who have volunteered their time to assist my efforts.
- 13. I will respect the playing facilities provided for my team and our opponents and I will inspire my team to show the same respect.

I agree to abide by the principles of the NW Calgary Ringette Society's Fair Play Pledge and the Ringette Alberta Code of Conduct and Ethics and realize that a failure to do so may result in the suspension of my coaching privileges.

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PRINT NAME:	SIGNATURE:
PRINT NAME:	SIGNATURE:
TEAM DIVISION & NAME:	
DATE:	



# NW Calgary Ringette Society / Calgary North Ringette Player Fair Play Pledge

- 1. I will abide by the Ringette Alberta Code of Conduct and Ethics as adopted by the NW Calgary Ringette Society.
- 2. I will play by the rules of ringette.
- 3. I will do my best to be a true team player and uphold the spirit of ringette.
- 4. I will control my temper and not let physical or verbal hostility spoil the activity for everyone.
- 5. I will respect my teammates, opponents, the coaches, officials & spectators.
- 6. I will remember that I am playing a game to have fun, improve skills, make friends and to try my best.
- 7. I will acknowledge all good plays and performances, including those of my teammates and my opponents.
- 8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

I agree to abide by the principles of the NW Calgary Ringette Society's Fair Play Pledge and the Ringette Alberta Code of Conduct and Ethics and realize that a failure to do so may result in the suspension of my playing privileges.

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### NW Calgary Ringette Society / Calgary North Ringette Parent/Guardian/Spectator Fair Play Pledge

- 1. I will abide by the Ringette Alberta Code of Conduct as adopted by the NW Calgary Ringette Society.
- 2. I will not force my child to participate in ringette.
- 3. I will remember that my child plays ringette for her or his enjoyment of the game, not mine.
- 4. I will encourage my child to play by the rules and to resolve conflict without resorting to verbal or physical displays of hostility or violence.
- 5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of the game.
- 6. I will make my child feel like a winner by offering praise for competing fairly and trying hard to the best of his or her ability.
- 7. No player will be chastised or verbally abused over the result of a game or mistakes therein.
- 8. I will remember that children learn best by example and witness my behaviour before, during and after games.
- 9. I will applaud good plays or performances by my child's team and her/his opponent's.
- 10. I will refrain from questioning the official's judgement or honesty in public.
- 11. I will support all efforts to remove verbal and physical abuse from children's ringette.
- 12. I will respect and show appreciation for the volunteer coaches who give their time to coach ringette for my child.
- 13. I agree to receive practice, game and related ringette activity schedule by email. In the event I do not have access to email, it is my responsibility to obtain information on scheduled activities.

I agree to abide by the principles of the NW Calgary Ringette Society's Fair Play Pledge and the Ringette Alberta Code of Conduct and Ethics and realize that a failure to do so will have consequences.

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