

Twenty-First Annual  
Northwest Ringette Amalgamation

## Skill Development and Power Skating Camp

for Bunny, Novice and Petite Levels (U9, U10 & U12)

September 6<sup>th</sup> to 10<sup>th</sup>, 2011

**Space is Limited – Please Register Early**

For more information please contact Andrea Bourget at 403-247-9017 or [andrea.darren@shaw.ca](mailto:andrea.darren@shaw.ca).

### **IMPORTANT INFORMATION FOR NEW PLAYERS**

*This camp is free of charge for a limited number of players who are new to the sport of ringette. It is highly recommended that new players taking this camp have basic skating skills.*

*In addition, players new to ringette **MUST** be registered with **NW Ringette** for the 2011- 2012 season by **August 15, 2011** in order to attend this camp. For new players, acceptance into this camp will **not be confirmed** until the player is registered to play with **NW Ringette** for the 2011 - 2012 season. There will be no exceptions.*

#### **Purpose:**

To provide NW Ringette players with an opportunity to prepare for the upcoming season.

## Objectives:

- learn and develop new skills in a fun atmosphere
- develop an attitude of sportsmanship, team spirit and fair play
- learn about the rules and strategies of ringette
- learn with qualified power skating and ringette skills instructors

## Tuesday to Friday – POWER SKATING/STICK HANDLING sessions

- 45 minute sessions for bunnies/beginner novice, 1 hour for all other levels
- skaters grouped according to age and ability for optimum learning environment
- professional on-ice instruction

## Saturday – SKILL DEVELOPMENT

- 1 hour of practice ice
- 1 hour off ice session including snack and games
- 1 hour ringette game

## Special Goaltending Clinic (if we have enough interest)

Saturday September 10<sup>th</sup> from 6:00 p.m. to 7:00 p.m.

## Northwest Ringette

Would like to thank the following for their support:

Triwood Community Association

The Camp Organizers  
Calgary

The Instructors

Ringette

We are looking for older players who would be interested in being Junior instructors.  
Anyone interested in instructing at the school or helping the organizational committee,  
please contact Andrea Bourget at 403-247-9017 or [andrea.darren@shaw.ca](mailto:andrea.darren@shaw.ca).

**Cost: \$90.00**

**Make Cheques Payable to:**

**Northwest Ringette Amalgamation**

And send to: Andrea Bourget, 120 Silverview Way NW  
Calgary, Alberta T3B 3K1

## Registration Form

Player Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Age: \_\_\_\_\_ Birth-date: \_\_\_\_\_ Yrs Played (up to & including 2010/2011): \_\_\_\_\_

2010/11 Team (please circle): Bunny Novice Petite

2010/2011 Petite Team Level (if appropriate): A B C

I would like to attend the goaltending session on Saturday, September 10<sup>th</sup>

I have my own goaltending equipment

I would require goaltending equipment, if possible

### Medical Information

Parents or Guardians Names: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

List allergies or special medications: \_\_\_\_\_

## Disclaimer

I, \_\_\_\_\_ (Name of Parent or Guardian) do hereby give my full permission for my son/daughter/ward to participate in the activity program conducted by the Northwest Ringette Amalgamation, if he/she is eligible to do so. It is a condition of participation in any recreational activity by, or on behalf of Northwest Ringette Amalgamation, that the participant does so at his/her sole risk and the Northwest Ringette Amalgamation, its agents, servants, and volunteers are not liable in any case for any loss, damage or injury resulting from, or in connection with such participation.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_